



## Tackling addiction is not a solo affair

*Till death do us part* — you've stuck to your promise and you want it to work. Yet it's painful to watch your life partner head toward a path of self-destruction from alcohol or drug addiction. You may worry that expressing your concern appears as nagging. But you can make a difference. And we can help.

Our licensed substance use experts will:

- Advise you on how to talk with your partner about getting help
- Arrange a face-to-face evaluation by a licensed expert who will create a personalized care strategy for your loved one
- Assign your family with a dedicated licensed Care Advocate who will provide support for up to six months after treatment

## Substance Use Treatment Helpline 1-855-780-5955

or visit www.liveandworkwell.com/recovery

This confidential and no-cost service is part of your health benefit.

Your personal information will be kept confidential in accordance with state and federal laws.



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